Erasmus+

**Health begins in the family: Prevention and health promotion for families in precarious circumstances in Europe**

Project start: 01/11/2020 (duration 24 months)

**Transnational Project Meetings**

At transnational level each partner will organise a transnational project meeting (TPM) with project managers and experts. The meetings will last 2,5 days and cover project management issues as well as professional exchange and collaboration in thematic discussions and workshops. Each meeting will start with a short presentation of major findings of health prevention in families. The results of the local activities will render valuable input for the discussions on European health matters.

The 2nd and 3rd day comprises good practice workshops devoted to key questions for health prevention. It is also envisaged to make on-site visits to projects and services managed by the respective host organisation. The following topics have been defined:

**TPM 1 (Linz, D – 12/2020, Kick-of Workshop)**

Thematic focus and input: Foundations of preventive health care and health promotion

**TPM 2 (Birmingham, A – 04/2021)**

Thematic focus and input: Risk factors, vaccination, prevention of infectious diseases

**TPM 3 (Miercurea Ciuc, RO – 10/2021)**

Thematic focus and input: Social inequality and health

**TPM 4 (Kaunas, LIT – 02/2022)**

Thematic focus and input: Health education

**TPM 5 (Trieste, I – 06/2022)**

Thematic focus and input: Counselling interviews with parents on the topic of health

**TPM 6 (Cologne/ Brüssel, D – 10/2022, final workshop)**

Thematic focus and input: Health, exercise and sports