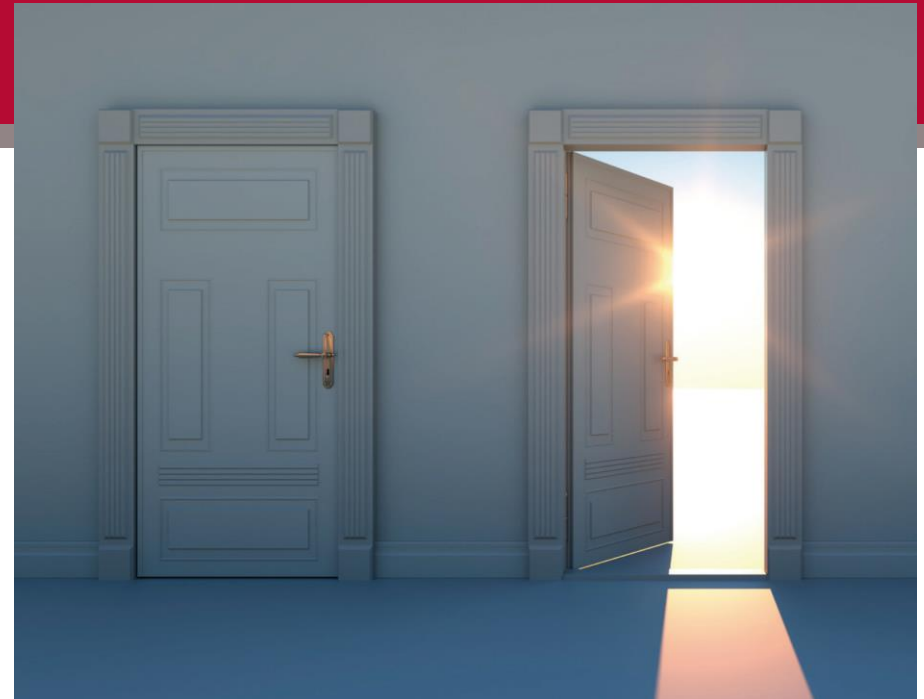




**SkF Langenfeld**  
ARBEIT+INTEGRATION gGmbH

# OpenDoors



**Erasmus+**

Gefördert durch die

**Aktion**  
**MENSCH**



## Projekt „OpenDoors“

1. What is the idea?
2. Who is the target group?
3. What do we want to reach?
4. What are the needs of the attendees?
5. our methods
6. our activities in the past
7. our activities in the future
8. your questions



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**AKTION**  
MENSCH



## Projekt „OpenDoors“

1. What is the idea?

We want to reach families...

...which are not anymore part of the society

...have the wish of partizipation

...want new perspectives for the life



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# Projekt „OpenDoors“

## 2. our target group

→ long term unemployed

→ socially disadvantaged people, especially families with children



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## Projekt „OpenDoors“

### 3. What do we want to reach?

- Helping people help themselves
- Using the existing helping system
- Get to know the existing helping system
- to be a example for the family, especially for children
- improvement of the family situation



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## Projekt „OpenDoors“

### 4. What does our attendees need?

- support to go to doctor, institutions, be part of society ...
- support to complete applications
- speak with somebody, drink coffee with somebody and individual advice



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# Projekt „OpenDoors“

## 5. Our methods

- low threshold advice
- peer to peer access
- coordination of tandems
- training with and for guides
- group offers or individual advice



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## Projekt OpenDoors

### 6. Our activities in the past

- Cooking course for the attendees
- Healty day with a volunteer...making smoothies, vegetable sticks, talking about healthy food
- Being together and talking of the challenge with corona







# Projekt „OpenDoors“

## 7. Our activities in the future

- How can food works positively of health?
- moving therapy / mediative archery
- cooking course- the best from different cultures
- cooking with low carb receipts
- middle of the life - a day for myself
- learning breathing correctly



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# Eindrücke aus unserem Projekt



**BBQ im Park**  
Treffen und Zusammenführung



**Expertentag**  
Thema: Analphabetismus

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**Workshop über EU**  
Informationen und Diskussion über  
die Europawahl im Mai 2019



**Weihnachtsfeier 2018**

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„Grüne Tür,  
Haus Arndt“  
Stadtmitte



„Wasserburg  
Haus Graven“  
Langenfeld



## Kunst Workshop Thema: Stadtansichten



„Wasserski- See“



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Besuch sozialer  
Institutionen in Langenfeld

Kolumba- Museum Köln, 12.06.19

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# OpenDoors



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