

**Health begins in the family**  
**Prevention and health promotion for families in precarious circumstances**  
**in Europe**

**3<sup>rd</sup> International Workshop**

**Social inequality and health**

Wednesday, 24 May 2023, 9:00 a.m.  
to  
Friday 26 May 2023, 12:00 a.m.

**Caritas Alba Iulia**

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Targu Mures  
Romania

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DAY 0 Tuesday, 23 May		
	Arrival of the teams	
19:30 20:00	Meeting in the lobby of the hotel Dinner	Petri Grill & Wine <a href="https://www.petrybistro.ro/the-menus">https://www.petrybistro.ro/the-menus</a>



# Erasmus+



DAY 1 Wednesday, 24 May		Targu Mures, New Caritas Office
8:30	Meeting in the lobby of the hotel, morning walk to Caritas headquarter	
9:00-10:00	<p>Welcoming the guests</p> <p>What to expect during the 3-day workshop</p> <p>Thematic input from project coordinator</p> <p>Round of Introductions-Who is who?</p>	<p>dr. Márton András, director of Caritas Alba Iulia</p> <p>Hubbes Kinga, regional coordinator, Caritas Alba Iulia</p> <p>Ulrich Förster, project manager</p> <p>all partners</p>
10:00-10:15	Coffee break	
10:15 – 11:15	<p>Equity Issues in Romanian Health Care System - Impact on Social Care System</p> <p>Social inequalities in the state of health</p>	<p>Lorenzovici László, MD, Ec, MSc Expert in health economics and policy, Hospital Consulting / University of Sapientia</p> <p>dr. Sántha Ágnes associate professor, University of Sapientia, Tg. Mures</p>
11:15-11:30	Coffee break	
11:30 – 13:00	<p>The importance of integrated social planning - vision, cooperation and implementation</p> <p>Effects of Corona crisis in North Rhine-Westphalia - Poverty fighting, health prevention and the need for skilled workers</p>	<p>Lars Czommer GIB- Innovative employment promotion company Northrhein-Westfalia</p> <p>Frank Nietzsche, GIB- Innovative employment promotion company Northrhein-Westfalia</p>
13:00 - 14:30	Lunch	J'ai Bistrot
14:30 – 15:15	<p>Health issues at Caritas Alba Iulia</p> <ul style="list-style-type: none"> <li>The importance of early education and prevention in the first years of life</li> <li>Mental health of disadvantaged young people</li> </ul>	<p>Mezei Borbála, program coordinator, Caritas Alba Iulia</p> <p>Székely Áron, social worker and Bojoievschi Éva - program coordinator, Caritas Alba Iulia</p>
15:15-15:30	Coffee break	
15:30 – 17:30	<p>Health issues at Caritas Alba Iulia</p> <ul style="list-style-type: none"> <li>Health of Roma women – presentation of a project financed by Caritas Linz</li> <li>Prevention and health promotion in Caritas day centers for elderly people</li> <li>Caring: a matter of individual behaviour and responsibility</li> </ul>	<p>Bartha Lukácsi Zsófia, Caritas Alba Iulia + invited client (<i>translation provided</i>)</p> <p>Cosma István, psychologist, Caritas Alba Iulia + invited client</p> <p>dr. Márton András, Director of Caritas Alba Iulia</p>
18:30	Dinner	Laci Csárda <a href="https://www.tempo.ro/en/">https://www.tempo.ro/en/</a>



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Day 2 Thursday, 25 May		Odorheiu Secuiesc , Caritas Programs	
8:30	Meeting at the hotel Transport to Odorheiu Secuiesc (aprox. 2,5 h)		
11:00 – 11:45	Visiting the Roma community (Budvár) - optional		Accompanied field visits in turns
11:45 -12:00	Coffee break		
12:00 – 14:00	Presenting Caritas Roma program at Odorheiu Secuiesc - Budvar segregated community - First Steps Center  Round table with representatives of local authorities in Odorheiu Secuiesc about the importance of community health assistance, collaboration between institutions and NGOs		Bodó Csilla, social worker, Caritas Alba Iulia  Balázs Andrea - remedial teacher, Caritas Alba Iulia  Fülpesi Gyula, head of Directorate of Social Assistance Odorheiu Secuiesc  Sárig Ibolya, Public Health, District Authority Harghita County  Török Emőke – head of office, General Directorate of Social Assistance and Child Protection <i>Translation provided by Balázs Andrea</i>
14:00– 15:00	Transfer to restaurant, lunch		Gizi Csárda <a href="https://www.gizicsarda.ro/">https://www.gizicsarda.ro/</a>
15:00-16:00	Transfer to Sovata Resort		
16:00 – 18:30	Visiting Bear Lake and natural beauties of Sovata		Guided tour
19:00 – 21:00	Dinner		Halászcserda (traditional fish restaurant)
21:00	Transfer to Tg.Mures		



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DAY 3 Friday, 26 May		Targu Mures, New Caritas Office	
8:30	Meeting in the lobby, morning walk to Caritas headquarter		
9:00 – 12:00	<p>Exchange of experiences on health prevention and promotion in everyday work of the partners and presenting the use of extra fund from the project (10' -15' per partner)</p> <p>Feedback:</p> <ul style="list-style-type: none"><li>• What did we learn from the meeting in Tg. Mures?</li><li>• What is transferable into my everyday work or my organization?</li></ul> <p>Look- out for our final workshop in Cologne</p>	All partners	All partners
12:00	Lunch		J'ai Bistrot
	Departure		