

Erasmus+ / Adult Education

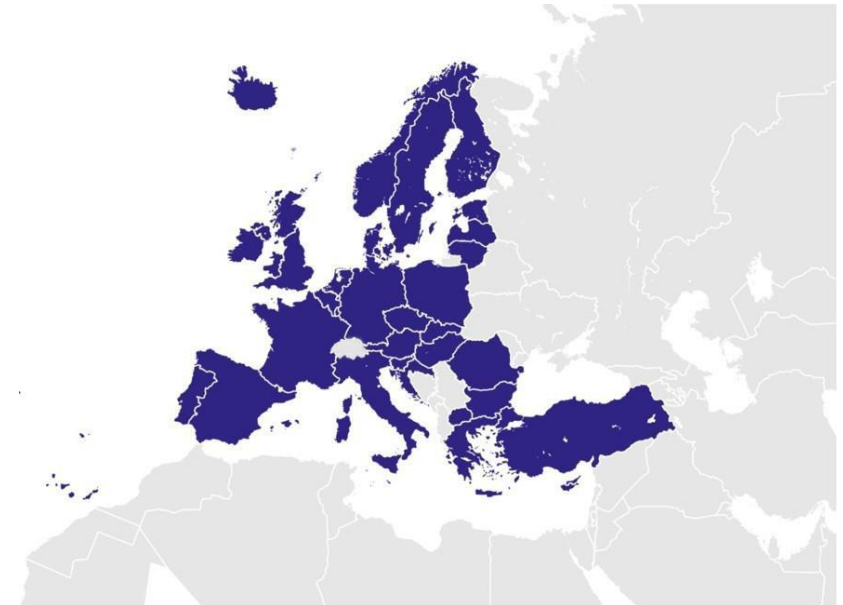
Strategic Partnership „Health begins in the families-

Prevention and health promotion for families in precarious circumstances
in Europe

(November 1st, 2020 – August 31st, 2023)

**3rd Workshop in Targu Mures (Romania)
May 24th – 26th, 2023**

- **Erasmus+ Programme period:**
2014 – 2020
- **Total budget:** 14.8 billion euros
- **Mobility projects and strategic partnerships**
- **Programme countries:**
 - 28 Member States
 - Island, Liechtenstein, Norway
 - FYR Macedonia, Turkey



Frame of our project

- Adult Education (2020: 86 projects selected in Germany)
- 7 partner organisations from 6 EU-Countries
- Duration: November 1st, 2020 - August 31st, 2023
(34 months; extension because of the Corona pandemic)
- Total Budget: 112.400 Euro
- Lump sums for travelling costs and administration

Seven European Partners

- **Caritas Association for the Archdiocese of Cologne (DICV), Germany**
(coordinator)
- **Caritas Upper Austria Linz, Austria**
- **Ministry of Employment, Health and Social Affairs NRW, Düsseldorf, Germany**
- **West Smethwick Enterprise (WSE), Smethwick, UK**
- **Asociatia „ Caritas – Asistentă Socială“**
Filiala Organizației Caritas Alba Iulia, Targu Mures, Romania
- **Fondazione Diocesana Caritas Trieste Onlus, Trieste, Italy**
- **Association of Lithuanian Children´s day care centres, Kaunas, Lithuania**
- **Sozialdienst Katholischer Frauen, Langenfeld, Germany, (associated)**



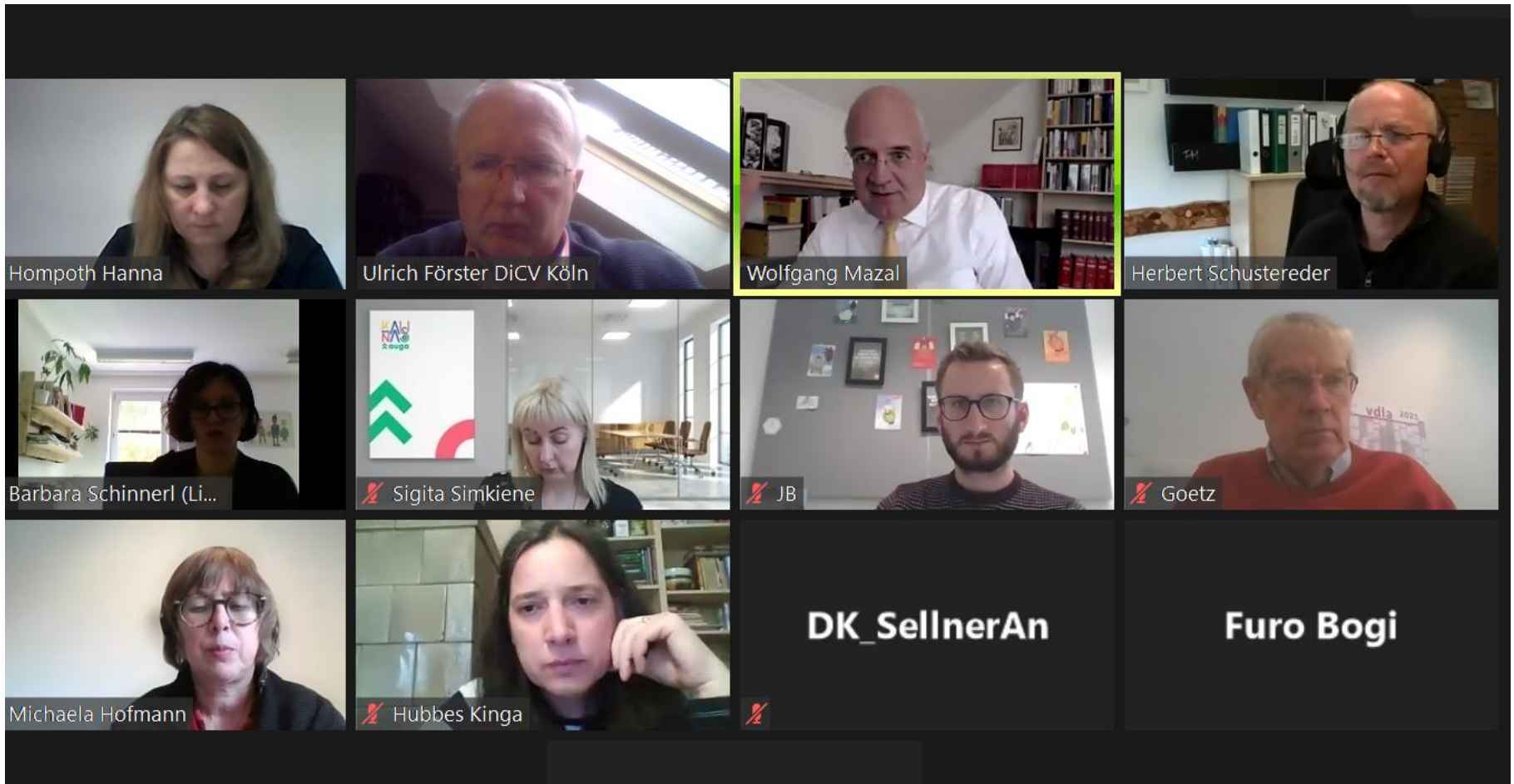
Aims of our project (I)

- Main issue: Promote health prevention and health education for disadvantaged families
- Creating a common knowledge base of experts
- Sharing of good practice
- Four 2.5-day Transnational Project Meetings (TPM)
- Around 20 specialists from amongst the project partners will participate in each meeting
- Developing of a training concept for experts on health prevention
- Testing the concept in a workshop on health issues with the project team

Aims of our project (II)

- Workshops with experts in every partner organisation (Minimum one per year) – transfer of the concept into the partner organisation
- providing advice on health issues to a total of around 350 to 400 families (individual counselling or in groups/“family fora”) – with regard to a “setting approach”
- Develop local or regional networks to develop health education services
- Disseminate the project content, the progress and the results

14 Digital Meetings



A screenshot of a Zoom meeting grid showing 14 participants. The participants are arranged in a grid with some cells containing names and others containing logos or text. The participants are:

- Hompoth Hanna
- Ulrich Förster DiCV Köln
- Wolfgang Mazal
- Herbert Schustereder
- Barbara Schinnerl (Li...)
- Sigita Simkiene
- JB
- Goetz
- Michaela Hofmann
- Hubbes Kinga
- DK_SellnerAn
- Furo Bogi

Transnational Meetings

- TPM 1 (Linz, A – 6/2022)
Thematic focus: Foundations of preventive health care and health promotion
- TPM 2 (Trieste, I – 12/2022)
Thematic focus: Counselling interviews with parents on the topic of health
- **TPM 3 (Targu Mures, ROM – 5/2023)**
Thematic focus: Social inequality and health
- TPM 4 (Cologne/ Brüssel, D – 7/2023, final workshop)
Thematic focus: Health, exercise and sports

Trieste (I)

